



STUDENT HEALTH SUPPORT PLAN

This plan outlines how the school will support the student's health care needs, based on health advice received from the student's medical/health practitioner. This form must be completed for each student with an identified health care need (not including those with Anaphylaxis as this is done via an Individual Anaphylaxis Management Plan – see

<https://www.education.vic.gov.au/school/teachers/health/Pages/anaphylaxisschl.aspx>

This Plan is to be completed by the principal or nominee in collaboration with the parent/carer and student.

School: Templestowe College		Phone: 9850 6333
Student's name:		Date of birth:
Community:		Proposed date for review of this Plan:
Parent/carer contact information (1)	Parent/carer contact information (2)	Other emergency contacts (if parent/carer not available)
Name:	Name:	Name:
Relationship:	Relationship:	Relationship:
Home phone:	Home phone:	Home phone:
Work phone:	Work phone:	Work phone:
Mobile:	Mobile:	Mobile:
Address:	Address:	Address:

Medical /Health practitioner contact:

Ideally, this plan should be developed based on health advice received via the appropriate Departmental Medical Advice form or in case of asthma, the Asthma Foundation's School Asthma Action Plan. Please tick the appropriate form which has been completed and attach to this Plan. All forms are available from the [Health Support Planning Forms – School Policy and Advisory Guide](#)

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|---|--|
| <input type="checkbox"/> General Medical Advice Form - for a student with a health condition | <input type="checkbox"/> Condition Specific Medical Advice Form – Epilepsy |
| <input type="checkbox"/> School Asthma Action Plan | <input type="checkbox"/> Personal Care Medical Advice Form - for a student who requires support for transfers and positioning |
| <input type="checkbox"/> Condition Specific Medical Advice Form – Cystic Fibrosis | <input type="checkbox"/> Personal Care Medical Advice Form - for a student who requires support for oral eating and drinking |
| <input type="checkbox"/> Condition Specific Medical Advice Form – Acquired Brain Injury | <input type="checkbox"/> Personal Care Medical Advice Form - for a student who requires support for continence |
| <input type="checkbox"/> Condition Specific Medical Advice Form – Cancer | |
| <input type="checkbox"/> Condition Specific Medical Advice Form – Diabetes | |

List who will receive copies of this *Student Health Support Plan*:

1. **Student's Family** 2. Other: _____ 3. Other: _____

The following *Student Health Support Plan* has been developed with my knowledge and input

Name of parent/carer or adult/mature minor student:** _____ **Signature:** _____ **Date:** _____

**Please note: Mature minor is a student who is capable of making their own decisions on a range of issues, before they reach eighteen years of age. (See: [Decision Making Responsibility for Students - School Policy and Advisory Guide](#))







Name of principal (or nominee): : _____ **Signature:** _____ **Date:** _____

Privacy Statement

The school collects personal information so as the school can plan and support the health care needs of the student. Without the provision of this information the quality of the health support provided may be affected. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. You are able to request access to the personal information that we hold about you/your child and to request that it be corrected. Please contact the school directly or FOI Unit on 96372670.

How the school will support the student's health care needs

Student's name:		
Date of birth:	Community:	
What is the health care need identified by the student's medical/health practitioner?		
Other known health conditions:		
When will the student commence attending school?		
Detail any actions and timelines to enable attendance and any interim provisions:		
Support	Strategy – how will the school support the student's health care needs?	Person Responsible for ensuring the support
Overall support	<p><i>What inhalers does the student require? Include preventers and relievers</i></p> <p><i>Can the student use the inhaler/spacer on their own?</i></p> <p><i>(If No what support does the student require?)</i></p>	Parent/Guardians
Medications	<p><i>Ensure medication, consumables and other equipment required for the school to provide asthma first aid for the student are provided in a timely way</i></p> <p><i>Parent/Guardian is aware of the School's policy on medication management.</i></p> <p><i>The medication log will be completed by the person administering the taking of the medication. Ensure staff are ware of students who are self-administering and self-managing their asthma with medications, However staff should be prepared to administer medications as a first aid response if required. No student should be expected to be fully responsible for self-administration of their emergency medication, as their symptoms may compromise their ability to do so</i></p>	Parent Health Centre Staff
	<p><i>A supportive learning environment for students with asthma</i></p> <p><i>Reduce absences- Students have fewer episodes when their asthma is treated earlier</i></p> <p><i>Classroom disruptions are reduced when students adhere to the asthma action plan as they have fewer symptoms</i></p> <p><i>Students can fully participate in physical activities (PE) when staff and coaches know how to prevent exercise induced asthma</i></p> <ul style="list-style-type: none"> • Before - reliever medication to be taken by the student 5-20 mins before activity • During - if symptoms occur, student is to stop activity take reliever medication and only return to activity once symptom is free. If symptoms reoccur, student is to take reliever medication and cease activity • After – ensure cool down activity is undertaken 	All Staff PE/Sport Staff

<p>Student Asthma Action Plan</p>	<p>Parents /Guardians send a written student asthma action plan to school. This action plan should include daily management guidelines and emergency steps in case of an asthma episode. The plan should describe the student's medical information and specific steps for responding to worsening asthma symptoms. The asthma action plan should contain:</p> <ul style="list-style-type: none"> • A list of medications the student receives, noting which ones need to be taken during school hours. Also, medications needed during school activities "off-site" and "off-hours" should be noted and available. • A specific plan of action for school staff in case of an acute episode that includes guidance for monitoring peak flow • Identified triggers that can make asthma worse. • Emergency procedures and phone numbers. <p>This action plan should be developed by a physician, signed by a parent and the physician, kept on file at school, and renewed every year, as every student's asthma is different, the action plan must be specific to each student's needs.</p> <p>Asthma care plans can be located Asthma Australia https://asthma.org.au/wp-content/uploads/About_Asthma/Schools/AACPED2018-Care-Plan-for-Schools-A4_2019.pdf</p>	<p>Parents/Guardians</p>
<p>Camps/Excursions</p>	<p>All excursions/sporting events and camps Inc Overseas Camp will have at least one Provide First aid(Level two) trained staff member in attendance. Parents are to supply the school with a up to date asthma plan Asthma Plan signed by students Medical Practitioner and to inform the school if their child's medical condition changes</p>	<p>Camp Coordinator</p>
<p>First Aid</p>	<p>Parents/Guardians are to provide enough medication for the student for the duration of the camp/excursion Parent/Guardians are to advise of any changes to their medications and asthma management plan</p>	<p>Parents/Guardians</p>
<p>First Aid</p>	<p>College Staff will be trained in Asthma management and how to appropriately respond to a student who is having an Asthma attack</p> <p>In the case of an emergency any member of staff will follow the asthma action plan provided by the parents. All staff will be trained to assess and manage an asthma emergency and complete the one hour Asthma Education session every 2 years.</p> <p>Details of inhalers and spacers at TC</p> <p>Asthma Emergency Kits are available in Health Centre, S Wing, Sports Centre, Food Tech, Pac and General Office. TC always encourages students who have been diagnosed with Asthma to have their relievers on them.</p> <p>Provide support for students experiencing an asthma attack as required, following student Asthma Care plan and to use Asthma first aid procedures as below</p> <div data-bbox="475 1400 1045 2049" style="border: 1px solid black; padding: 10px;"> <h3 style="text-align: center; color: #0070C0;">Asthma First Aid</h3> <ol style="list-style-type: none"> <li style="background-color: #0070C0; color: white; padding: 5px;"> 1 Sit the person upright <ul style="list-style-type: none"> — Be calm and reassuring — Do not leave them alone  <li style="background-color: #0070C0; color: white; padding: 5px;"> 2 Give 4 separate puffs of blue/grey reliever puffer <ul style="list-style-type: none"> — Shake puffer — Put 1 puff into spacer — Take 4 breaths from spacer <p>Repeat until 4 puffs have been taken</p> <p>Remember: Shake, 1 puff, 4 breaths</p> <p><small>OR give 2 separate doses of a Bricanyl inhaler (age 6 & over) or a Symbicort inhaler (over 12)</small></p>  <li style="background-color: #0070C0; color: white; padding: 5px;"> 3 Wait 4 minutes <ul style="list-style-type: none"> — If there is no improvement, give 4 more separate puffs of blue/grey reliever as above <p><small>OR give 1 more dose of Bricanyl or Symbicort inhaler</small></p>  <li style="background-color: #D9534F; color: white; padding: 5px;"> 4 If there is still no improvement call emergency assistance - Dial Triple Zero (000) <ul style="list-style-type: none"> — Say 'ambulance' and that someone is having an asthma attack — Keep giving 4 separate puffs every 4 minutes until emergency assistance arrives <p><small>OR give 1 dose of a Bricanyl or Symbicort every 4 minutes - up to 3 more doses of Symbicort</small></p>  <div style="border: 1px solid red; padding: 5px; margin-top: 10px;"> <p>Call emergency assistance immediately - Dial Triple Zero (000)</p> <ul style="list-style-type: none"> — If the person is not breathing — If the person's asthma suddenly becomes worse or is not improving — If the person is having an asthma attack and a reliever is not available — If you are not sure if it's asthma — If the person is known to have Anaphylaxis - follow their Anaphylaxis Action Plan, then give Asthma First Aid <p><small>Blue/grey reliever medication is unlikely to harm, even if the person does not have asthma</small></p> </div> <div style="text-align: center; margin-top: 10px;">  <p>Contact your local Asthma Foundation 1800 ASTHMA Helpline (1800 278 462) asthmaaustralia.org.au</p> <p><small>© Asthma Australia 2016. Supported by the Australian Government</small></p>  <p><small>Translating and Interpreting Service 131 459</small></p> </div> </div>	<p>PD Coordinator/Health Centre</p>

	<p>Staff will be calling an ambulance on triple zero (000) as needed in any situation an ambulance has been called</p> <ul style="list-style-type: none"> - contact the student's parent/guardian as soon as possible -record incident on CASES 21 (DET employees only) -ensure that the student's equipment, emergency medications and consumables used at school are readily accessible .Do not lock away emergency medication. All are clearly labelled with student's name, and a pharmacy label as required, to be stored accordingly to the manufacturers recommendations and to be available for the student for school activities held during out of school hours (eg camps excursions) <p>Regular monitor the student's equipment, emergency medications and consumables and inform the parent/guardian when these require servicing, resupply or are close to expiry date.</p>	
Classroom/Staff rooms	<p>Daily Organiser informs casual relief teachers, specialist teachers and volunteers of the names of any students diagnosed with asthma, via Compass and where reliever medication, are located throughout the school the school's Asthma Management Policy, and each individual person's responsibility in managing an incident. ie seeking a trained staff member. A summary sheet of all students who have asthma with their photo will be displayed in all staff rooms and also will be in TEAMS for staff and on Compass. Reduce the known allergens in the classroom to help students with asthma. Common allergens found in classrooms include, animals, strong odours (perfumes, paints) Encourage students with asthma to participate in all activities, but make sure they follow proper precautions.</p>	Daily Organiser/Teachers/Classroom Assistance/Health Centre
Other Considerations	<p>Environment (Thunderstorm asthma) /Hay fever, Dust/ Anaphylaxis mites/mould/chemicals/pollens/grasses/smoke/Physical activity/viral respiratory infections/Pet hair & dander/medications</p> <p>All the above are asthma triggers, refer to Asthma care plan. Subscribe to VicEmergency app to receive warning or website http://emergency.vic.gov.au/prepare/#thunderstorm-asthma-forecast</p> <p>When the risk of epidemic thunderstorm asthma is high, TC must be prepared to act on the warnings and DET advice</p> <p>For more information on thunderstorm asthma go to Better Health Victoria https://www.betterhealth.vic.gov.au/thunderstormasthma</p> <p>In high pollen months (1Oct to 31 Dec) check Melbourne Pollen count and forecast and insert advise in Staff Bulletin Website https://www.melbournepollen.com.au/</p>	<p>All staff</p> <p>Principal Team/Health Centre</p> <p>Daily Organiser/Health Centre</p>
Work Experience	<p>Work experience</p> <p>It is important to avoid exposure to the triggers in your workplace</p> <p>Student to work with careers and employer to develop strategies to reduce student exposure to substances that triggers the student's asthma.</p> <p>For more information refer Better Health Victoria https://www.betterhealth.vic.gov.au/health/conditionsandtreatments/asthma-and-your-workplace</p>	Careers /Student/Parents/Guardians
Communication	<p>Parent/Guardians will be notified if their child has an Asthma attack or require Ventolin.</p> <p>Regular Communication will take place between parent/guardian and the school if any concerns arise regarding the frequency and severity of attack. Annual communication will take place to renew Asthma action plans</p>	Health Centre/Community Leaders/Student Welfare Team